

NORTH WEST CIVIL SERVICE RELAYS

WYRE COUNTRY PARK 26th February 2008

Race Report

This was the best supported Relay yet in the 3 years it has been held at the Wyre Country Park. Despite a strong wind, the rain held off, the high tide did not flood the path and everyone seemed to enjoy themselves. Mike Wilson (NWCS Regional Chairman) very kindly turned up to offer his support but declined a run, and his thanks were passed on to all who had assisted in the event – race marshals, timekeepers and refreshments.

After a few last minute team changes, which saw some athletes from different Departments combining together in order to ensure everyone was in a complete team, the race set off. The course was wet in places but had dried well after torrential overnight rain. Fylde Women and Daresbury Men set the pace in their respective races and a good competition followed. It was pleasing to welcome a number of new comers to the event and comments about the course were favorable.

One of the great things about the event is that runners of all abilities and vastly differing ages can come together to enjoy the friendship that is renewed and building up around these races. That is why I believe it is important to keep these competitions going year on year and your support is vital in achieving that aim.

Thanks must go to Andrea Smith & Karen Dunford for providing the refreshments and to the marshals from Blackpool, Wyre & Fylde AC. Liz Airnes was chief timekeeper with Tony Croft taking photos, some of which will appear on the CSAA website at www.csaa.org.uk along with results and details of the forthcoming NWCS Athletic Events for 2008. Entry forms will also be available later in the year.

The Ranking Lists hopefully make interesting reading when comparing times from previous years.

FORTHCOMING ATHLETICS EVENTS

19th June NWCS Fell Race – Two Lads Fell Race Horwich
8th July NWCS 5 Mile Road Race – Lytham St Annes
14th October NWCS Cross Country – Lancaster University

RESULTS

WOMEN'S RACE 3* 3150m

1st FYLDE A

Leg	No		Name	Time	Team Time
1	74	Bev	Wright	12.24	12.24
2	75	Andrea	Smith	12.27	24.51
3	76	Caroline	Betmead	11.49	36.40
				36.40	

2nd HMRC

Leg	No		Name	Time	Team Time
1	169	Michaela	Dempsey	13.05	13.05
2	170	Sharon	Trusch	13.05	26.10
3	171	Leslyann	Wild	15.21	41.31
				41.31	

3rd FYLDE B

Leg	No		Name	Time	Team Time
1	187	Margaret	Brown	16.11	16.11
2	188	Jane	Devaney	15.29	31.40
3	189	Jane	Bowles	14.43	46.23
				46.23	

4th DARES BURY LABS

Leg	No		Name	Time	Team Time
1	166	Tracey	Cartwright	15.11	15.11
2	167	Claire	Dougan	17.55	33.06
3	168	Louise	Nicholson	14.01	47.07
				47.07	

5th FYLDE C

Leg	No		Name	Time	Team Time
1	180	Karen	Dunford	14.14	14.14
2	181	Zoe	Dixon	17.37	31.51
3	182	Julie	Taberner	15.52	47.43
				47.43	

MEN'S RACE 4 * 3150m**1st DARESBUURY LABS 1**

Leg	No		Name	Time	Team Time
1	154	Keith	Middleman	11.27	11.27
2	155	Andrew	Collins	11.28	22.55
3	157	Damian	Jones	11.35	34.30
4	161	Roderick	Johnstone	11.22	45.52
				45.52	

2nd HMRC PRESTON

Leg	No		Name	Time	Team Time
1	172	Simon	Monk	12.49	12.49
2	173	Gary	Pennington	10.35	23.24
3	174	Dave	Dyson	12.54	36.18
4	175	Steve	Hallas	10.18	46.36
				46.36	

3rd HMRC GREATER MANCHESTER

Leg	No		Name	Time	Team Time
1	184	Andy	Barclay	12.41	12.41
2	183	Pete	Brocklehurst	12.36	25.17
3	185	Chris	Greenall	11.37	36.54
4	186	Mark	Riches	11.19	48.13
				48.13	

4th DARESBUURY LABS 2

Leg	No		Name	Time	Team Time
1	162	Joe	Herbert	12.27	12.27
2	163	Jens	Thomas	12.33	25.00
3	164	Tony	Bell	12.51	37.51
4	165	John	Kewley	12.31	50.22
				50.22	

5th ASHWORTH HOSPITAL

Leg	No		Name	Time	Team Time
1	197	Barry	Sims	13.18	13.18
2	198	Keith	Lester	12.28	25.46
3	199	Ben	Johnson	13.46	39.32
4	200	Danny	Angus	11.51	51.23
				51.23	

6th HASSRA NORTH WEST

Leg	No		Name	Time	Team Time
1	176	John	Wiseman	13.44	13.44
2	177	Chris	Isherwood	13.27	27.11
3	178	Sue	Allen	17.01	44.12
4	179	Paul	Targett	11.02	55.14
				55.14	

7th WARBRECK & NORCROSS

Leg	No		Name	Time	Team Time
1	190	John	McLellan	14.07	14.07
2	191	Chris	Senior	15.51	29.58
3	192	Dave	Worthington	13.59	43.57
4	193	Martin	Bates	11.48	55.45
				55.45	

8th HMRC NORTH WEST

Leg	No		Name	Time	Team Time
1	194	Dave	Williamson	13.04	13.04
2	195	Graham	Bell	16.03	29.07
3	77	Helen	Clarke	16.15	45.22
4	78	Gordon	Stone	14.20	59.42
				59.42	

Fastest Leg (Men): S Hallas 10.18

Fastest Leg (Women): C Betmead 11.49

NWCS Relay Ranking List for Wyre Country Park Course

Overall Ranking		Name	Men's Ranking	Women's Ranking	Time	Year
1	Steve	Hallas	1		9.56	2007
2	Steve	Hallas	2		10.12	2006
3	Steve	Hallas	3		10.18	2008
4	Gary	Pennington	4		10.35	2008
5	Roderick	Johnston	5		10.43	2006
6	Paul	Targett	6		10.52	2007
=7	Roderick	Johnston	=7		10.53	2007
=7	Paul	Targett	=7		10.53	2006
9	Paul	Targett	9		11.02	2008
10	Gary	Pennington	10		11.05	2007
11	Simon	Birtles	11		11.08	2006
12	Gary	Pennington	12		11.14	2006
13	Mark	Riches	13		11.19	2008
14	Roderick	Johnstone	14		11.22	2008
15	Keith	Middleman	15		11.27	2008
16	Andrew	Collins	16		11.28	2008
17	Nick	Hume	17		11.30	2006
=18	Martin	Bates	=18		11.32	2007
=18	Harry	Melia	=18		11.32	2006
20	Damian	Jones	20		11.35	2008
21	Mark	Riches	21		11.36	2007
22	Chris	Greenall	22		11.37	2008
23	Peter	Weatherhead	23		11.40	2006
24	Angela	Allen		1	11.44	2006
=25	Ali	Welsh	24		11.48	2006
=25	Martin	Bates	25		11.48	2008
27	Caroline	Betmead		2	11.49	2008
28	Danny	Angus	26		11.51	2008
29	Keith	Middleman	27		11.52	2006
30	Darren	Slack	28		11.55	2007
=31	Chris	Greenall	=29		11.57	2007
=31	Colin	Laidlaw	=29		11.57	2007
33	Colin	Laidlaw	31		12.00	2006
34	John	Kewley	32		12.05	2007
35	Willie	Richmond	33		12.08	2007
36	John	Kewley	34		12.10	2006
37	Joe	Herbert	35		12.22	2006
38	Bev	Wright		3	12.24	2008
39	Darren	Slack	36		12.26	2006
=40	Andrea	Smith		=4	12.27	2007
=40	Andrea	Smith		=4	12.27	2008
=40	Joe	Herbert	37		12.27	2008

43	Keith	Lester	38		12.28	2008
=44	Peter	Blocklehurst	=39		12.31	2007
=44	John	Kewley	=39		12.31	2008
46	Jens	Thomas	41		12.33	2008
47	Pete	Brocklehurst	42		12.36	2008
48	Steve	Lang	43		12.40	2006
49	Andy	Barclay	44		12.41	2008
=50	Andy	Smith	=45		12.42	2006
=50	Andy	Smith	=45		12.42	2007
52	Simon	Monk	47		12.49	2008
53	Chris	Conlan	48		12.50	2007
54	Tony	Bell	49		12.51	2008
55	Colin	Charnock	50		12.52	2006
=56	Caroline	Betmead		6	12.54	2006
=56	Dave	Dyson	51		12.54	2008
58	Nigel	Simpkin	52		12.57	2007
59	Tony	Bell	53		13.01	2007
60	Dave	Williamson	54		13.04	2008
=61	Sharon	Trusch		=7	13.05	2007
=61	Michaela	Dempsey		=7	13.05	2008
=61	Sharon	Trusch		=7	13.05	2008
64	John	Hickman	55		13.07	2007
65	Michaela	Dempsey		10	13.12	2007
66	Andrea	Smith		11	13.15	2006
=67	Scott	Burrows	56		13.16	2006
=67	Nigel	Simpkin	57		13.16	2006
=69	Tony	Bell	=58		13.18	2006
=69	Barry	Sims	=58		13.18	2008
71	Dave	Worthington	60		13.22	2006
=72	Tony	Airnes	=61		13.27	2006
=72	Chris	Isherwood	=61		13.27	2008
74	Andy	Barclay	63		13.28	2007
75	Phil	Taylor	64		13.39	2006
76	John	Wiseman	65		13.44	2008
77	Ben	Johnson	66		13.46	2008
78	John	Wiseman	67		13.51	2006
79	John	Wiseman	68		13.55	2007
80	Dave	Worthington	69		13.59	2008
81	Louise	Nicholson		12	14.01	2008
82	John	McLellan	70		14.07	2008
83	Chris	Hatton	71		14.09	2006
84	Karen	Dunford		13	14.14	2008
85	Gordon	Stone	72		14.20	2008
86	Karen	Dunford		14	14.40	2007
87	Jane	Bowles		15	14.43	2008
88	Tracey	Cartwright		16	15.11	2008
89	Jane	Bowles		17	15.16	2007

90	Leslyann	Wild		18	15.21	2008
91	Jane	Devaney		19	15.29	2008
92	Chris	Senior	73		15.43	2006
93	Chris	Senior	74		15.51	2008
94	Julie	Taberner		20	15.52	2008
95	Sue	Allen		21	15.54	2006
96	Margaret	Brown		22	15.59	2007
97	Margaret	Brown		23	16.01	2006
98	Graham	Bell	75		16.03	2008
99	Margaret	Brown		24	16.11	2008
100	Helen	Clarke		25	16.15	2008
101	Chris	Senior	76		16.54	2007
102	Sue	Allen		26	17.01	2008
103	Zoe	Dixon		27	17.37	2008
104	Sue	Allen		28	17.52	2007
105	Claire	Dougan		29	17.55	2008
106	Julie	Rae		30	18.06	2007